

Victoria Rose

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When I came to Dr. Renfro's office I was suffering from a severe headache for the second day in a row. The pain was so excruciating that it was severely limiting my movement and quality of life. I had limited range of motion in my neck and my hips were off approximately an inch and a half. I would wake up with a severe headache almost every day. A trip to the movies would end up being a trial due to the pain it would cause by sitting looking up at a screen for 2 hours.

After just the first visit my headache subsided, and during my treatment, no matter what subluxations that may have occurred during the week, unlike Humpty Dumpty, Dr. Renfro always "puts me back together again". He's never too busy to see me if I'm having a problem and he's even come in on his day off when the pain was so severe I had to leave work in order to receive an adjustment.

After 2 years of treatment I've regained full range of motion in my neck and my hips are now aligned. As an added bonus, my immune system has been improved to the point where I rarely get colds like I used to and my cramps during my cycle are minor compared to the past. The only pain I suffer from now is minimal and easily alleviated during my weekly visit.

Dr. Renfro is always kind, caring and generous with his time as well as the most conscientious doctor I've ever had. He really wants you the patient get better in order to live a full, productive life.

If you are living in any pain, please do yourself a favor and see Dr. Renfro and the rewards I can guarantee you are life changing. Be good to yourself, you deserve it.